Selected Quotes on Pursuing Personal Excellence

Compiled by: Randy Anderson

e3 PROFESSIONAL TRAINERS

We are what we repeatedly do. Excellence then is not an act, but a habit. Aristotle

The will to win, the desire to succeed, the urge to reach your full potential…these are the keys that will unlock the door to personal excellence. Eddie Robinson

The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor. Vince Lombardi

Don't measure yourself by what you accomplish, but by what you should have accomplished based on your ability and opportunities. Randy Anderson

There is nothing noble about being superior to another man. The true nobility is in being superior to your previous self. Hindu Proverb

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond imagination. Marianne Williamson in *Return to Love – Reflections on a Course in Miracles.*

A life is not important except for the impact it has on other lives. Jackie Robinson, 1st African-American to play Major Leagues Baseball

We are always complaining that our days are few, and acting as if there would be no end to them. Roman Philosopher Seneca

The difference in being good at something and being great at something is usually found in the little things. Randy Anderson

If you are going to achieve excellence in big things, you develop the habit in little matters. Excellence is not an exception, it is a prevailing mentality. Colin Powell

A happy person is not a person in a certain set of circumstances, but rather they have a certain attitude. Hugh Downs

Don't mind the mule being poor…just load the wagon. West Texas Wisdom

I know of no more encouraging fact than the unquestioned ability of man to elevate his life by conscious endeavor. Henry David Thoreau

I don't think much of a man who is not better today than he was yesterday. Abraham Lincoln

Dying is not what scares me. It's dying having no impact! Miles Levin – Teenage Cancer Patient (and eventual victim)

How wonderful it is that nobody need wait a single moment before starting to improve the world. Anne Frank

One's only security in life comes from doing something uncommonly well. Abraham Lincoln

Teaching the Essential Elements of Excellence for work and life!

P.O. Box 65667 ● Lubbock, TX 79464

5013 92nd St. ● Suite 411 ● Lubbock, TX 79424

806.787.3474 | randy@e3professionaltrainers.com | www.e3professionaltrainers.com

It's your life, your one and only life--so take excellence very personally. Scott Johnson

Whenever you do a thing, act as if the entire world were watching. Thomas Jefferson

e3 PROFESSIONAL TRAINERS

Excellence is the gradual result of always striving to do better. Pat Riley/NBA Coach

Respect doesn't come from the kind of work you do; it comes from the way you do your work. Kenneth Shipley

Excellence isn't as much about being the best as it is about being the best you can be, and being better than you were before. Randy Anderson

We throw all our attention on the utterly idle question whether A has done as well as B, when the only question is whether A has done as well as he could. William Graham Sumner

Achievement is largely the product of steadily raising one's level of aspiration and expectation. Jack Nicklaus

We are going to relentlessly chase perfection, knowing full well we will not catch it, because nothing is perfect. But we are going to relentlessly chase it, because in the process we will catch excellence. Vince Lombardi

Nobody who ever gave his best regretted it. George Halas

It seems that more people today have a greater desire to live long than they do to live well. Croft Pentz

Most people have a better chance to be uncommon by effort than by natural gifts. Anyone could give that effort in his or her chosen endeavor, but the typical person doesn't, choosing instead to do only enough to get by. Tony Dungy – Quiet Strength

Excellence can be attained if you care more than others think is wise, risk more than others think is safe, dream more than others think is practical, and expect more than others think is possible. Unknown

Nobody can prevent you from choosing to be exceptional. At the end of the day, the only question that matters is, What kind of difference did you make? Mark Sanborn – The Fred Factor

Don't bother just to be better than your contemporaries or predecessors. Try to be better than yourself. William Faulkner

Small differences in your performance can lead to large differences in your results. Brian Tracy

Excellence is a choice, and you must make that choice over and over again until "doing your best" is all you know. Randy Anderson

Teaching the Essential Elements of Excellence for work and life!
P.O. Box 65667 ● Lubbock, TX 79464
5013 92nd St. ● Suite 411 ● Lubbock, TX 79424
806.787.3474 | randy@e3professionaltrainers.com | www.e3professionaltrainers.com