



Live BIG!

Maximizing Your Impact and Personal Fulfillment

There are several key ingredients to living a great life. Not necessarily a life of greatness, but a life that is rewarding and fulfilling...one that leaves an impact which will last long after you're gone. This presentation is designed to address six of those key elements:

Passion – When you find what you truly love, you'll realize that you're willing to make the sacrifices and endure challenges necessary to become successful in that area. I'll lead the participants through a time of recalling why they chose their current career and the importance of loving what you do.

Influence – Pericles said, "What you leave behind is not engraved on stone monuments, but what is woven into the lives of others." The impact we have on the people in our life is much more important than the position we attain or the things we accumulate. We'll focus on ways to make a lasting impact and becoming a thermostat rather than a thermometer (setting the atmosphere...not just reflecting it).

Life Balance – The pace at which we live life must be balanced with how long we have to run at that pace. I'll discuss the importance of caring for and developing our bodies, minds, and souls, the way they were designed to be treated, and how we can connect with other people to maximize our personal fulfillment in life.

Personal Excellence – Most people don't realize that how they compare to others as they "run the race of life" isn't as important as how they measure up to their own potential. Excellence isn't as much about being the "best" at something as it is about being the best YOU can be. We'll talk about how they can do that in the "real world."

Personal & Professional Development – Without specific goals and a plan for achieving them, the likelihood of experiencing significant improvement is very low. I'll walk the participants through a goal setting session in which they'll identify key objectives for their life and develop strategies and tactics to make them a reality.

Vision – *"The first step toward creating an improved future is developing the ability to envision it. Vision will ignite the fire of passion that fuels our commitment to do WHATEVER IT TAKES to achieve excellence. Only vision allows us to transform dreams of greatness into the reality of achievement through human action. Vision has no boundaries and knows no limits. Our vision is what we become in life."*

Tony Dungy – Quiet Strength

I have a true passion for helping people envision, plan for, strive toward, and realize what it means to live a truly outstanding life. Through my Live BIG! seminar, I'll instill that passion in them and give them several practical, easy-to-implement strategies and tools that will enable them to gain or rekindle that kind of passion in their life. My objective is not to merely motivate them, but to help them transform the way they think about and approach their life on a daily basis, increase their productivity on a daily basis, and help them to make a greater impact within their organization.

Teaching the Essential Elements of Excellence for work and life!